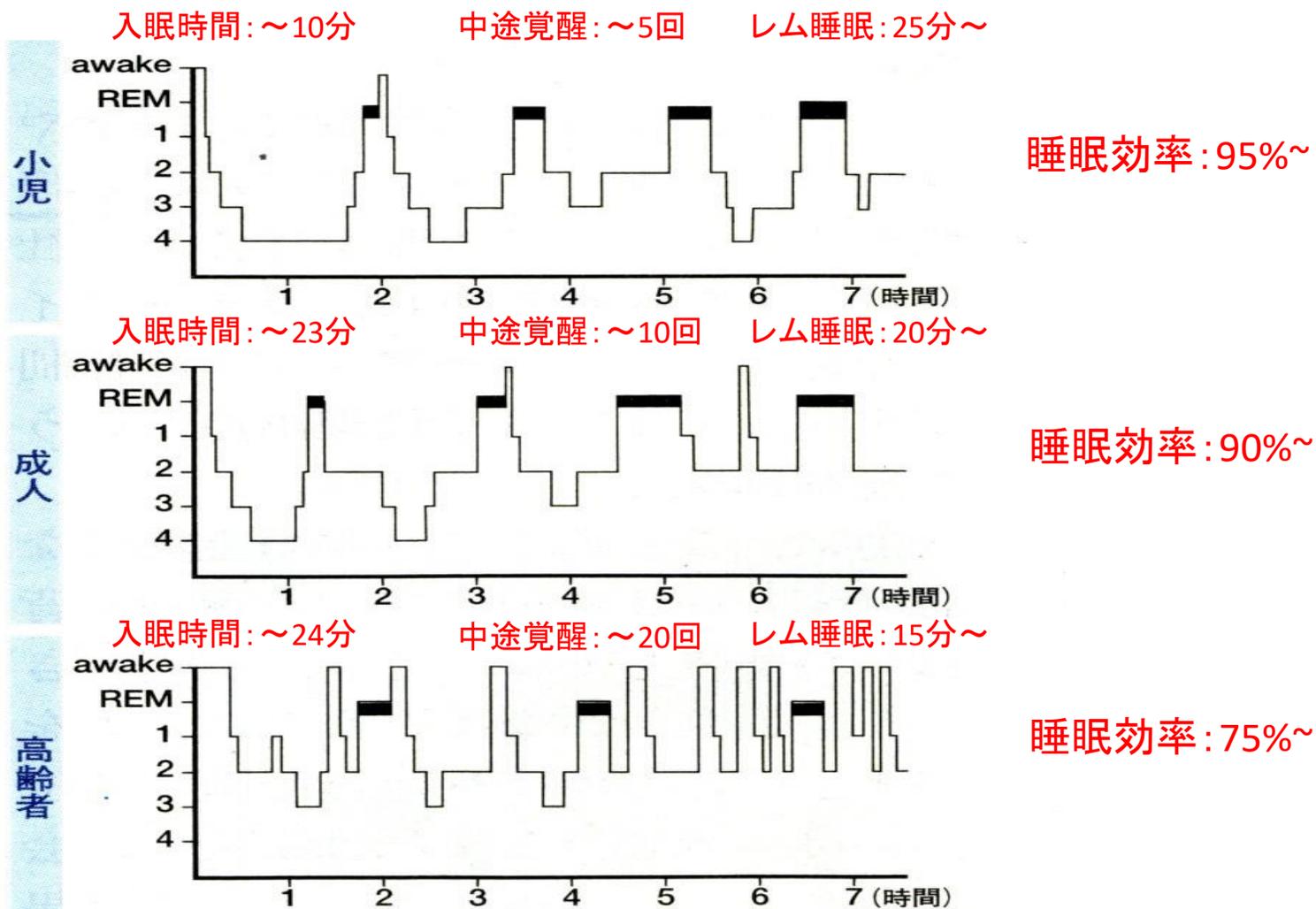


年齢別の睡眠



(Kales and Kales: N Engl J Med 290:487-99, 1974)